

## Health Care FSA (HCFSA) Update: New Eligible Expenses

A Health Care FSA (HCFSA) is a pre-tax benefit account that's used to pay for eligible medical, dental, and vision care expenses that are not covered by your health care plan or elsewhere.

As a result of the Coronavirus Aid, Relief, and Economic Security Act (CARES Act), eligible expenses were expanded to include the following effective January 1, 2020:

- Menstrual care products, such as tampons, pads, liners, or similar products
- Over-the-counter (OTC) drugs and medicines without a prescription

To verify all eligible HCFSA expenses and for other FSA information, visit <https://www.fsafeds.com/support> or call the FSAFEDS Benefits Counselor toll-free at 877-FSAFEDS (372-3337), TTY: 866-353-8058. Counselors are available Monday through Friday from 9 a.m. until 9 p.m., Eastern Time.

*Questions?*

*Contact: [dodhra.mc-alex.dcpas.mbx.benefits-contacts@mail.mil](mailto:dodhra.mc-alex.dcpas.mbx.benefits-contacts@mail.mil)*

